

April 2022 - Current VA MST Resources

AboutFace (ptsd.va.gov/apps/aboutface/)

Afterdeployment.org <https://www.afterdeployment.org/>

Maketheconnection.net <https://www.maketheconnection.net/>

Community MST Support Group – Mesa Veterans Resource Center & PTSD Foundation

- Kyla Lout – MST Peer Support Facilitator (480-580-0074)
- Adam Bigelow – Az Chapter Manager (602-668-0034)

VBA benefits or claims for MST-related conditions

- Phoenix VA Regional Office - Public Contact (602-627-3232)
- Michael Watson - Veterans Service Representative (602-627-3162;

Michael.watson2@va.gov)

VA MST Contacts

Phoenix VAHCS:

MST Coordinators: 602-234-7157

Nadia Alexandrova, PsyD

Dylan Richard, PhD

Northern Arizona VAHCS:

MST Coordinator: 928-445-4860 Ext. 4831

Jo Ann Shaffer, LCSW-C, APRN, NBC-HWC

Southern Arizona VAHCS:

Acting MST Coordinator: 520-792-1450 Ext. 1-5334

Danielle Demailo, LCSW

IPVAP Contacts

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Northern Arizona VAHCS: Beth Goldstein, 928-445-4860 Ext. 4835

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